

Week One

Morning	Arrival & Orientation (2 nd August)	Formal Tuition	Adventure Day	Formal Tuition	Day Trip To Oxford	Formal Tuition	Adventure Day
Afternoon		Sports		British Culture: Cooking / Art / Theatre / Music		Sports	

Week Two

Morning	Natural World	Formal Tuition	Day Trip To Cardiff	Formal Tuition	Adventure Day	Departures
Afternoon	Sports	British Culture: Cooking / Art / Theatre / Music		Sporting Team Challenge		

Key

Tuition	Choice of English, Advanced English, English & Welsh literature, British History, Creative Writing
Sports	Choice of frisbee golf, orienteering, bush craft, dodgeball, capture the flag and traditional sports such as cricket, tennis, football, basketball, swimming
Adventure	Choice of high ropes & archery, gorge walking, rock climbing & abseiling, canoeing & raft building (or, mountain biking if over 12), land carting, low level ropes or paddle
British Culture	Choice of participating in cookery, art, theatre or music classes
Day Trip	Two full day trips to Cardiff and Oxford for all children to enjoy these historic cities and enjoy some shopping
Natural World	Local field trips to explore our local habitat, one of which will be an evening activity not yet included on the timetable